



**ASIAN SCHOOL OF TECHNOLOGY,  
BHUBANESWAR**

**DEPARTMENT OF CIVIL ENGINEERING**

**LESSON PLAN**

Discipline: Civil engineering	Semester : 3 <sup>rd</sup>	No. of periods available: 51	Name of Teaching Faculty: Ankita Rath
Subject: Mechanics of Materials	No. of Days/ per week class allotted : 4 periods per week		No. of weeks : 13
Week	Class Day		Topics to be covered
1 <sup>st</sup>	1 <sup>st</sup>	1	Basic Principle of Mechanics: Force, Moment, support conditions, Conditions of equilibrium, C.G & MI, Free body diagram
	2 <sup>nd</sup>	1	Review of CG and MI of different sections
	3 <sup>rd</sup>	1	Introduction to stresses and strains: Mechanical properties of materials – Rigidity, Elasticity, Plasticity, Compressibility, Hardness, Toughness, Stiffness, Brittleness, Ductility, Malleability, Creep, Fatigue, Tenacity, Durability
	4 <sup>th</sup>	1	Types of stresses - Tensile, Compressive and Shear stresses, Types of strains - Tensile, Compressive and Shear strains
2 <sup>nd</sup>	5 <sup>th</sup>	1	Problem Practice & Doubt Clearing
	6 <sup>th</sup>	1	Complimentary shear stress - Diagonal tensile / compressive Stresses due to shear, Elongation and Contraction, Longitudinal and Lateral strains, Poisson's Ratio, Volumetric strain
	7 <sup>th</sup>	1	Computation of stress, Strain, Poisson's ratio,

			change in dimensions and volume etc.,
	8 <sup>th</sup>	1	Hooke's law - Elastic Constants, Derivation of relationship between the elastic constants.
3 <sup>rd</sup>	9 <sup>th</sup>	1	Behaviour of ductile and brittle materials under direct loads, Stress Strain curve of a ductile material, Limit of proportionality, Elastic limit, Yield stress, Ultimate stress, Breaking stress
	10 <sup>th</sup>	1	Percentage elongation, Percentage reduction in area, Significance of percentage elongation and reduction in area of cross section, Deformation of prismatic bars due to uniaxial load, Deformation of prismatic bars due to its self-weight.
	11 <sup>th</sup>	1	Problem Practice & Doubt Clearing
	12 <sup>th</sup>	1	Unit Test-1
	13 <sup>th</sup>	1	Occurrence of normal and tangential stresses, Concept of Principal stress and Principal Planes, Major and minor principal stresses and their orientations
4 <sup>th</sup>	14 <sup>th</sup>	1	Mohr's Circle and its application to solve problems of complex stresses
	15 <sup>th</sup>	1	Bending stress in beams – Theory of simple bending – Assumptions
	16 <sup>th</sup>	1	Moment of resistance – Equation for Flexure– Flexural stress distribution
	17 <sup>th</sup>	1	Curvature of beam – Position of N.A. and Centroidal Axis – Flexural rigidity – Significance of Section modulus
5 <sup>th</sup>	18 <sup>th</sup>	1	Shear stress distribution

			in beams of rectangular, circular and standard sections symmetrical about vertical axis
	19 <sup>th</sup>	1	Unit Test-2
	20 <sup>th</sup>	1	Concept of torsion, basic assumptions of pure torsion
6 <sup>th</sup>	21 <sup>st</sup>	1	Torsion of solid and hollow circular sections & Problem Practice
	22 <sup>nd</sup>	1	Polar moment of inertia, torsional shearing stresses, angle of twist, torsional rigidity, equation of torsion
	23 <sup>rd</sup>	1	Combination of stresses, Combined direct and bending stresses
	24 <sup>th</sup>	1	Maximum and Minimum stresses in Sections, Conditions for no tension & Problem Practice
7 <sup>th</sup>	25 <sup>th</sup>	1	Limit of eccentricity, Middle third/fourth rule,
	26 <sup>th</sup>	1	Core or Kern for square, rectangular and circular sections, chimneys, dams and retaining walls
	27 <sup>th</sup>	1	Problem Practice
	28 <sup>th</sup>	1	Columns and Struts, Definition, Short and Long columns, End conditions, Equivalent length / Effective length, Slenderness ratio, Axially loaded short and long column
8 <sup>th</sup>	29 <sup>th</sup>	1	Euler's theory of long columns, Critical load for Columns with different end conditions
	30 <sup>th</sup>	1	Types of Loads: Concentrated (or) Point load, Uniformly Distributed load (UDL), Types of Supports: Simple support, Roller support, Hinged support, Fixed support, Types of Reactions: Vertical reaction, Horizontal reaction, Moment reaction, Types of Beams

			based on support conditions
	31 <sup>st</sup>	1	Calculation of support reactions using equations of static equilibrium
	32 <sup>nd</sup>	1	Problem Practice
9 <sup>th</sup>	33 <sup>rd</sup>	1	Shear Force and Bending Moment: Signs Convention for S.F. and B.M, S.F and B.M of 43 general cases of determinate beams with concentrated loads and udl only
	34 <sup>th</sup>	1	S.F and B.M diagrams for Cantilevers
	35 <sup>th</sup>	1	S.F and B.M diagrams for Simply supported beams and Over hanging beams
	36 <sup>th</sup>	1	Position of maximum BM, Point of contra flexure, Relation between intensity of load, S.F and B.M.
10 <sup>th</sup>	37 <sup>th</sup>	1	Shape and nature of elastic curve (deflection curve); Relationship between slope, deflection and curvature (No derivation), Importance of slope and deflection
	38 <sup>th</sup>	1	Slope and deflection of cantilever and simply supported beams under concentrated by Double Integration method
	39 <sup>th</sup>	1	Slope and deflection of cantilever and simply supported beams under uniformly distributed load by Double Integration method.
	40	1	Slope and deflection of simply supported beams under concentrated and uniformly distributed load by Macaulay's method.
11 <sup>th</sup>	41 <sup>st</sup>	1	Indeterminacy in beams, Principle of consistent deformation/compatibility
	42 <sup>nd</sup>	1	Analysis of propped cantilever
	43 <sup>rd</sup>	1	Fixed and two span

			continuous beams by principle of superposition
	44 <sup>th</sup>	1	Fixed and two span continuous beams by principle of superposition
12 <sup>th</sup>	45 <sup>th</sup>	1	SF and BM diagrams (point load and udl covering full span)
	46 <sup>th</sup>	1	Types of trusses, statically determinate and indeterminate trusses, degree of indeterminacy, stable and unstable trusses, advantages of trusses
	47 <sup>th</sup>	1	Analytical method (Method of joints, method of Section)
	48 <sup>th</sup>	1	Previous years Q&A Discussion
13 <sup>th</sup>	49 <sup>th</sup>	1	Previous years Q&A Discussion
	50 <sup>th</sup>	1	Previous years Q&A Discussion
	51 <sup>st</sup>	1	Quiz-2
	52 <sup>nd</sup>	1	Problem Practice